



THE SPEAKING TREE

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We are comfortable being mere spectators, points out OSHO, who says we need to participate and get involved

Enjoy the Music, BE IRRATIONAL

Any technique can be controlled by the mind. Mind is the creator of all technology, and with it, mind is perfectly happy. It can possess the technique and use it; it remains supreme. If you ask how, you again move from the same dimension. It is not a question of how, rather it is a question of understanding what the mind has given you — what peace, what blessings it has showered upon you. If you feel contented, if you feel that this is the end, then there is no problem, don't be worried about it. But if you feel that something is still lacking, that the harmony is not complete, that you have not arrived, then start doing something that is not rational.

For example, next time you listen to music, become a participant in it, start dancing. In the beginning it will look awkward, because in the west people have become completely passive. You listen to music, you read a book, you see a film — you are never a participant anywhere; just a watcher, a spectator. The whole of humanity has been reduced to being spectators. The whole of humanity has become peeping toms. Somebody else is doing the things and you are a watcher. Of course, you are out of it, so there is no involvement, no commitment, no danger. But how can you understand love by watching somebody else make love? Pornog-



A VEENA RECITAL AS A PART OF 'AAYUDHA POOJA' AT VALANJAMBALAM DEVI TEMPLE IN KOCHI

raphy has become so significant, almost the bible of the day. What is the appeal of it? You can watch.

When you participate, something irrational starts working. If you listen to music, dance...because unless the music becomes a dance in you, the head will go on functioning. Once the music has become a dance,

reason is put aside. Reason can only be a spectator — it can never be a participant. It is always on the safe side, watching from somewhere where there is no danger.

The mind is the eyes, and the totality is neglected; only the eyes have become important. Your eyes are almost 98 per cent of you. Touch is no

longer meaningful, smell and taste are no longer meaningful; they are just neglected parts. Sometimes the mind allows you to enjoy them, but the control remains with the mind.

So when you ask me, I will not say how. I am simply saying be aware that the mind cannot be the last fulfilment. It cannot be, because it is only a part.

The whole cannot be fulfilled by the part. You are more than your mind, infinitely more, so don't go on locked in the mind, imprisoned in the mind. Laugh, weep, dance, cry, sing, run, jog, jump, do whatsoever — but don't think about it. *

Every day find something you can do for a few hours without thinking about it. Dig a hole in the earth; that will do. Perspire in the hot sun, and dig... just be the digger. In fact, not the digger, but the digging. Forget yourself completely in it. Become a participant and suddenly you will see a new energy arising.



OSHO SPEAK

- 1 Don't just be a spectator and only listen to music, become a part of it, participate in it
- 2 When you participate, something irrational happens; reason is set aside and you begin to feel
- 3 From being passive and indifferent, you become refreshed, recharged and so involved

You have claimed your whole being; now the head is not the only thing. Suddenly your dead parts are becoming alive, and you will feel, you will actually feel hands, legs, the whole body coming alive as if a paralysis has disappeared. Mind is a paralysis, and hung up in the mind one is living a bogus life of words, concepts. The whole effort here is to change your spectator-obsessed state into a flowing participant state. From Above All, Don't Wobble, courtesy Osho International Foundation, www.osho.com ■

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